

WHAT IS CLAIMED IS:

1. A paper core or tube comprising an adhesive which has been foamed to up to 40% by weight.

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2. A method for preparing a paper core or tube, the improvement comprising applying an adhesive foamed to up to 40% by weight.

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3. A paper core or tube comprising one or more paper or paperboard materials bonded together with an adhesive which has been foamed to up to 40% by weight.

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4. A paper core or tube according to Claim 1 or 3 wherein the tube or core is used in the tissue, towel, carpet, textile, plastic film, paper, food and industrial storage industries.